

STATEMENT OF CONFIDENTIALITY AND CLIENT CONSENT

CONFIDENTIALITY

Your therapy is protected by strict ethical guidelines. Your psychologist will not share information without your written permission, except as required by law. If you are a minor, there may be instances where your parents would have the right to know about some things because they are your legal guardians. However, your psychologist would usually make an agreement with your parents before therapy begins.

Federal and Provincial regulations require disclosure of information related to:

- Suspected child abuse or neglect
- Threats or intention to physically harm oneself or another person
- Acts of physical or sexual abuse

In these instances, your psychologist is legally and ethically obligated to report these acts to the appropriate authority to keep you or someone else safe.

In this era of technology, I acknowledge that email transmission is not secure and therefore not appropriate for discussion or transmission of content that is therapeutic in nature. Add

I have read this statement and acknowledge its' conditions.

Signature of Client

Date: _____

CLIENT CONSENT

To provide continuity of care, I give my psychologist, Deborah R. Lain, MSc., permission to speak with or write a letter to the referring specialist/physician/holistic practitioner, _____ indicating my goals for therapy, assessment and recommendations. Requests for any other psychological reports for medical, legal or insurance purposes will be discussed and fees agreed upon prior to submission of the report.

Signature of Client

Date: _____

Deborah R. Lain, MSc. Registered Psychologist

COVID IN-PERSON PROTOCOL - 2022

Starting April 4th, 2022, I am returning to in-office Monday and Tuesday mornings only - that is, 8am to noon and the afternoon doing virtual TeleHealth Counselling. I will have my 14-year-old senior dog, 'Salina', who is loving, gentle and sensitive to humans who need a supportive 'fur hug'. She is hypo-allergenic being a Shiatzu-Maltese cross and small at 12 pounds.

Covid Protocol for 'in-office' sessions:

As some of you are aware, I am in what is considered a 'high-risk' group with a compromised immune system, given some health issues in the past. Additionally, I am primary care giver to an elderly parent with Alzheimer's disease, who recently moved to a care facility. I must do my best, as all of you, to ensure that I stay well and lower the risks that I may be exposed to or expose others to. You should know that I adhere to medical and science recommendations, not those suggested by government bodies. Your personal health information on whether you have been vaccinated or not, does not have to be disclosed. I am willing to disclose that I have been double vaccinated with a booster.

If you have met me previously in my office, you know that we could easily maintain at least 6 feet apart, if not double that. Additionally, my colleague has purchased Plexiglas barriers between yourself and the therapist's chair. I would still ask however, that we both would be in masks and practicing all the other AHS recommended protocol for safety, regardless of what the current government mandates may or may not be, including hand sanitizing and answering screening questions. If you have proof of vaccination with two doses plus a booster, we can choose to not be masked. The real issue is that there is poor circulation in the office space - as there is no window to allow fresh air in, nor any circulation of fresh air as the door remains closed for hours and there is no cold air return. So, air simply doesn't move in nor out. The office no longer has a 'waiting room', but rather clients contact their therapist from their car, and then they are let in on an individual basis. You would text: 403-512-2648.

Navigating through this global pandemic has been unknown territory for all of us, and it's possible given the new variants, that protocol will change as needed. If you choose in-person, a screening questionnaire will be sent for you to review and sign. I am aware that people have different views on the vaccine, and you have a personal right to your position. However, know that I will be providing an option to disclose that information or to endorse 'choose not to answer'. If I have concerns about safety given your circumstances or someone you may have been in contact with or symptoms you currently have, we will meet virtually, rather than in-person. I am aware and respect that given the above protocol, you may choose to see an alternate therapist who does not have these parameters for in-person work. Please note, I am not denying anyone treatment, but rather offering virtual work as an alternative.

Deborah